



Campus Rec & Intramural Sports



ACTIVITY

FALL 2011

- Flag Football League** Games are played Monday – Thursday, 4:00-7:00 pm in Holland Bowl, (Aug 17th – Nov 17th).
- Powder Puff League** Games are played on Monday and Wednesday, 4:00 pm in the Holland Bowl, (Aug 17th – Nov 17th).
- Volleyball League** A five week league for men and women, games played on Thursday evening in Moore Gym, (Sept 26th – Nov 10th).
- Intramural Golf** Play at local Golf Courses and provide instructional putting courses, (Oct 3rd – Nov 21st).
- Basketball (5-on-5)** Men’s, Women’s, Fraternity, Sorority & Coed divisions-all skill levels and league play is Monday – Thursday, 6:00 – 9:00 pm in Moore Gym, (Nov 14th – Mar 14th).
- Club Sport/ Extramural Teams** Aggie Soccer Club; Flag Football Team “A&T’s Finest”; Men’s Basketball Team “Undisputed”; Women’s Basketball Team A&T’s 1st Ladies”, (Aug – April).
- Open Gym** Open Gym at Moore Gymnasium for students with University ID Monday- Friday (6pm-10pm). Ladies Night is Wednesday night where the ladies have access to the facility, (Aug 17-Dec 2). Moore Gymnasium is open on (Saturdays, 9am-2pm) and (Sundays, 4pm-9pm), (Sept 10-Dec 4).
- Rec Swim** Recreational Swimming available for students with University ID in Corbett Pool, Mondays- Thursdays, 5pm-8pm and Lap Swim and Water Aerobics from Noon until 1pm, (Sept 6-Dec 1).
- Zumba** Zumba Classes are available to students and valid faculty and staff members on Tuesdays and Thursdays at 12:30pm and 4:00pm, (Sept 7-Dec 1).

For All Other Fitness Classes and Schedules, Please Contact The Center

**Campus Recreation
Center
201 North Benbow Rd
Greensboro, NC.27311**

Normal Hours: Fall/Spring Semester

MON – THU: 6AM – 12AM

FRI: 6AM – 9PM

SAT: 9AM – 2PM (closed during home football games)

SUN: 2PM – 9PM

**Office: (336) 285-4230
Fax: (336) 256-2650**

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