

Sebastian Health Center

Education Update

October 2011

Date	Activity	#Participants
Oct.3	Health Center Services	149
Oct 3	Sexually Transmitted Infections	40
Oct3	DAAWk-Awareness Blast=Distribution of flier,e-mails, OrgSync s	
Oct 4	Contraceptives	74
Oct 4	Sexually Transmitted Infections	8
Oct4	Pledge Banner & Impairment Goggles (Memorial Student Union)	65
Oct4	Pledge Banner& Impairment Goggles (Williams Cafeteria)	127
Oct 5	Sexually Transmitted Infections	32
Oct 5	Contraceptives	84
Oct 5	Contraceptives	88
Oct 5	# GHOE: “Drug & Alcohol Cautions”	5
Oct 5	# GHOE: Movie:HAZE”	8
	Walkins/Individual Counseling, Interviews, Patient Ed.	35
Oct 8	University Day	212
	Total	927
Oct 13	American Heart Association Meeting	
Oct14	CCHN Meeting-Moses Cone	
Oct 10-14	NO Educational Classes-HOMECOMING Week	

October 19-31 2011 Health Education Update

Date	Activity	#Participants
Oct 19	Importance of a Healthy Breakfast	8
Oct.20	SHAC Meeting	15
Oct 21	Wear Pink & Walk	75
Oct25	HIV	25
Oct 25	Contraception & Pregnancy	45
Oct 25	STDs & Sexual Responsibility	12
Oct27	STDs	72
Oct27	Breast Cancer Awareness	64
Oct27	STDs	81
Oct 27	Health Center Services	130
Oct. 30	Volley Ball Game	225
Oct31	Breast Cancer Awareness	32
	Total	784

Breast Cancer Awareness Activities

- Wear Pink & Walk- Sebastian Health Center and Aggies Working our Way to Wellness (AWoWW) engaged both students and employees in a campus walk for breast cancer awareness that culminated at the fountain behind the Memorial Student Union. On that day the fountain flowed with pink water in observance.
- Komen on the Go Mobile Unit- In observance of Breast Cancer Awareness month, the *Susan G. Komen on the Go Mobile Unit* visited NC A&T on Tuesday, November 1st from 10am-4pm. Over 300 students were able to view modules which help them to assess their risk, history and lifestyle with regard to the likelihood of developing breast cancer. Modules on facts and myths concerning breast cancer were also available. Incentives such as sunglasses, headwraps, and shopping bags were given to students who participated. Student Health Advisory Committee (SHAC) students served as volunteers and peer educators. Approximately eighty (80) students signed up for volunteer opportunities with Komen on the Go. The KOG local affiliate would like to bring the volunteer training to our campus in early 2012.
- Volleyball Game-The Sebastian Health Center Health Education staff provided an educational station during the Volleyball Game on Sunday, Oct. 30 against NCCU. The commentator recognized the health center on several occasions and thanked them for our role in educating the university community about breast cancer and the importance of breast self check exams.
- Chlamydia Campaign- The annual Chlamydia campaign managed by the Health Education Department and Laboratory staffs completed 140 free Chlamydia screenings.
- SHAC- The Student Health Advisory Council recently elected officers. A new office, Director of Marketing and Promotions has been added. The goal of this position is to assist the health education department in increased marketing efforts of programs and services.
- American Heart Association Go Red for Women
The Sebastian Health Center and the American Heart Association are joining forces in the battle

against heart disease through the "Go Red for Women" campaign. A breakfast will be held on November 10, 2011 at 7:00AM in the Chancellor's Dining Room.