



# NORTH CAROLINA AGRICULTURAL AND TECHNICAL STATE UNIVERSITY

COUNSELING SERVICES  
DIVISION OF STUDENT AFFAIRS  
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TO: Dr. Melody C. Pierce  
Vice Chancellor for Student Affairs

FROM: Dr. Vivian Barnette  
Licensed Psychologist & Director

DATE: October 30, 2012

RE: Highlights: September - November 2012

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- Provided training: Safe Zone, Work and Home Life Balance, Test Anxiety, Overview of Counseling Services, Stress Management, & Serving the Whole Student; also collaborated with academic and other support service units on programs such as: Alcohol Awareness Week, PhysioLinx, Academic Fair, Health Fair, and New Student Programs
- Fall groups: Anger Management, the PROUD group, Graduate Student Support Group, Journeys of Faith, Psycho-educational Substance Abuse groups, Open Forum for Student Athletes, and Moms and Dads
- Presented at 2012 AUCCCD Conference, Rhode Island on Ethical Dilemmas
- Secured mini-grant from HBCU-Center For Excellence / SAMHSA (\$7,500)
- National Presentations: ACCA (Florida) on *Identity Development* and 2012 AUCCCD Conference, (Rhode Island) on *Ethical Dilemmas*
- Proposal accepted at HBCU MH Conference for College Counseling Centers (Baton Rouge, LA) on *Gratitude: Positive Psychology*
- Campus-wide events: *National Depression Screening Day* and *Stomp Out Stigma, and For Seniors Only*
- Domestic Violence information advertised on Broadband
- HBCU-CFE Steering Committee meeting at SAMHSA
- Finals: Are You Ready?
- QPR: Suicide Prevention
- Upcoming staff training on Transgender student athletes
- Outreach to students with families impacted by Hurricane Sandy
- End of Year Floating Reception: Tips on Reducing Stress during Finals

EXPLORE  
DISCOVER  
BECOME